

## The Four “Looks” of Communion



*1 Corinthians 11:23-32*

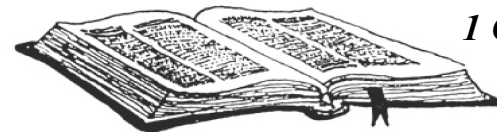
A **BACKWARD Look**—looking back to the Cross to remember what the Lord Jesus has done for me by the offering up of His body and the shedding of His precious blood (*1 Peter 1:18-19; 2:24; 3:18; 2 Corinthians 5:21*). How thankful I am that God is totally satisfied with the finished work of His beloved Son on my behalf. ***Thank You Lord for what You did for me on the cross.***

AN **UPWARD Look**—looking unto Jesus who is presently doing a work for me as my Intercessor (*Hebrews 7:25*), Advocate (*1 John 2:1-2*), and High Priest (*Heb. 8:1*), having sat down at the right hand of the Father (*Hebrews 1:3*). ***Thank You Lord that You are my Saviour, my Advocate, my Helper, and my Keeper right now.***

A **FORWARD Look**—looking eagerly and expectantly for Jesus to come for me (*Titus 2:13; 1 Cor. 1:7-8*) at which time He will complete the great work of salvation which He began in me (*Philippians 1:6; 3:20-21*). Paul said that when believers partake of Communion they are showing (proclaiming) the Lord’s death till He comes (*1 Corinthians 11:26*). Thus, Communion looks back to the Cross and looks ahead to His coming again. ***Thank You Lord that You are coming for me, perhaps even today.***

AN **INWARD LOOK**—looking at what Jesus is doing in me (*Phil. 2:13*). This should not be some kind of psychological introspection, for in me, that is in my flesh, dwells no good thing (*Rom. 7:18*). Yet the Lord wants the Communion service to be a time of self-examination and self-judgment (*1 Cor. 11:28,31*) to make sure my heart is right with the Lord and that all known sin is confessed. ***Thank You Lord that if I confess my sins, You are faithful and just to forgive my sins and cleanse me from all unrighteousness (1 John 1:9).***

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